

## Sunday

### Breakfast

Oatmeal  
French Toast  
Sausage Links  
Prunes  
Or  
Mini Cinnamon Rolls

### Lunch

Fresh Mozzarella & Tomato Salad  
Roast Leg Of Lamb w/ Apple Mint Jelly Sauce  
Oven Roasted Potato  
Italian Flat Beans  
Lemon Tart  
Asst Breads and Rolls  
Or Sweet & Sour Pork over Rice (FIT)

### Dinner

Cream Of Mushroom Soup  
Roast Beef Sandwich  
Garlicky Chick Pea Salad  
Mixed Vegetables  
Angel Food Cake w/ Strawberries  
Or Tuna Noodle Casserole

## Monday

### Breakfast

Cream Of Wheat  
Poached Eggs  
Potatoes O'Brian  
Toast  
Fruit Cup

### Lunch

Chopped Salad w/ Bleu Cheese  
Mediterranean Salmon Patties (FIT)  
Mashed Sweet Potatoes w/ Pecan Butter  
Sautéed Greens  
Corn Bread with Honey Butter  
Chocolate Pudding  
Or Smothered Potato & Cheese Pirogues

### Dinner

Greek Chicken Soup  
Turkey Burger  
Potato Wedges  
Summer Fruit Gelatin Salad  
Ice Cream Sandwich  
Or BLT Salad

## Tuesday

### Breakfast

Grits  
Scrambled Eggs  
Bacon  
Home Fries  
Fruit Muffin  
Orange Segments

### Lunch

Marinated Cucumber Salad  
Grilled Ham Steak w/ Pineapple Glaze  
Potato Parmesan Gratin  
Fried Okra  
Ice Cream Cup  
Asst Rolls & Butter  
Or Chicken Teriyaki over Rice (FIT)

### Dinner

Chicken Gumbo  
Grilled Steak Salad  
w/Balsamic Dijon Dressing  
  
Boston cream pie  
Or Seafood Pasta Primavera  
w/ Garlic Toast

## Wednesday

### Breakfast

Cream Of Rice Cereal  
Egg & Cheese Croissant  
With Canadian Bacon  
Chilled Fruit Cup

### Lunch

Caesar Salad  
Rotisserie Turkey Breast  
Mashed Potatoes  
Glazed Carrots  
Cherry Bread Pudding  
Asst Rolls & Butter  
Or Sole with Wine Sauce (FIT)

### Dinner

Thai Tomato Soup  
Philly Cheese Steak Grinder  
Onion Rings  
Vegetable Medley  
Yellow Cake w/ Icing  
Or Portobello Napoleon

## Thursday

### Breakfast

Oatmeal  
Fruit Pancakes  
Bacon  
Tropical Fruit  
  
Or Coffee Cake

### Lunch

Lentil Salad  
Veal & Mushroom Paprikash  
Rotini Noodles with Glaze  
Green Beans  
Rice Pudding with Cream  
Asst Rolls & Butter  
Or Lemon Marinated Chicken Breast(FIT)

### Dinner

Chicken Rice Soup  
Cheese Calzone  
Fresh Vegetable Salad  
Blueberry Mango Crumble  
Or Rigatoni Pasta w/ Peppers  
Olives and Feta Cheese

## Friday

### Breakfast

Cream Of Wheat Cereal  
Ham & Cheese Omelet  
Hash Brown potatoes  
Apple Sauce  
Toast  
Or Donut Holes

### Lunch

Tossed Green Salad  
Meatloaf & Gravy  
Mashed Potatoes  
Peas & Mushrooms  
Cookie Dessert  
Asst Roll & Butter  
Or Shrimp Louisiana (FIT)

### Dinner

Clam Chowder  
Chicken Fingers w/ BBQ Sauce  
Yam Sticks  
Carrot & Celery Sticks  
Cup Cake  
Or Roast Pork Sandwich  
w/ Honey Mustard

## Saturday

### Breakfast

Grits  
Waffles  
Scrambled Eggs  
Sliced Peaches

### Lunch

Fire Roasted Corn Salad  
Kielbasa w/ Peppers and Onions  
Warm German Potato Salad  
Spinach with Pine Nuts and Raisins  
Garlic Bread  
Sherbet Cup  
Or Cheese Ravioli Marinara (FIT)

### Dinner

Minestrone Soup  
Fish & Chip Basket  
French Fries  
Cole Slaw  
Strawberry Short Cake  
Or White Bean Chili with Crackers